A dermatome is the area of cutaneous distribution of a single spinal nerve; there is considerable overlap between adjacent dermatomes.

The eleventh thoracic spinal nerves supply a band of skin around the thorax and anterior abdominal wall over the eleventh intercostal spaces posteriorly extending to the middle of the tenth intercostal spaces above and below the twelfth rib, to the upper half of the region between the umbilicus and pubic crest anteriorly.